



APAMSA 2009

National Conference

Los Angeles, California

October 9, 10, 11, 2009



TRANSFORMING MEDICINE

A Challenge for Future Leaders



KECK
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NAVY

BE THERE



WHEN IT COUNTS MOST



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NAVY

WELCOME

October 9, 2009

Dear APAMSA Conference Attendees and Distinguished Guests,

On behalf of the 2009 APAMSA National Conference Committee and the APAMSA chapters at the David Geffen School of Medicine at UCLA, Western University of Health Sciences, USC Keck School of Medicine, UC Irvine School of Medicine, we welcome you to Los Angeles. We are honored to host this unique event at UCLA and encourage you to fully partake in our medley of lectures, workshops, and social events.

Our theme, *Transforming Medicine: A Challenge for Future Leaders*, is particularly fitting in the current economic and political climate. It reminds us that, as the next generation of physicians, we will be molding the face of healthcare in the midst of historic reforms. As these and other tides of change sweep through society at large, we must navigate the new challenges and advances in the science, politics, and economics that influence our professions.

Our hope is that this conference will provide a forum for you, the current and future leaders, to become better informed about the challenges facing the Asian Pacific American community and the healthcare community at large. Please consult the schedule and see which lectures, workshops, and panels you would like to attend. We anticipate a busy and educational experience for everyone. Of course, do not forget that you are among your fellow APAMSA leaders from throughout the nation. We encourage you to meet your colleagues and engage in discussion over the health care challenges of the Asian Pacific American community posed throughout the conference. This is a fantastic opportunity to share ideas and brainstorm new ones for the best solutions to current and future problems.

And finally, if you have time, please ask a local Angelino about how to best explore the city during your stay. After all, you are in one of the few places which can boast sunny beach-worthy weather in the middle of fall! We thank you for your support and hope you enjoy the APAMSA National Conference as much as we enjoyed organizing putting it together!

Sincerely,



Jeff Hsu and Jim Nguyen
2009 APAMSA National Conference Chairs



**ANTONIO R. VILLARAIGOSA
MAYOR**

October 10, 2009

Dear Friends,

On behalf of the City of Los Angeles, it is my pleasure to congratulate the members and guests attending the Asian Pacific American Medical Student Association National Conference.

With the theme "Transforming Medicine: A Challenge for Future Leaders," the National Conference offers a chance for current and future leaders in medicine to work together on the central issues of our time. The Asian Pacific American Medical Student Association certainly establishes itself as an important, respected organization that serves to make a great impact within our community. I applaud the group's dedication to encouraging Asian Americans and Pacific Islanders to enter the ranks of medicine and for working for a more innovative, safer future.

I extend my best wishes for a memorable celebration and future success.

Very truly yours,

A handwritten signature in black ink, appearing to read "Antonio R. Villaraigosa".

ANTONIO R. VILLARAIGOSA
Mayor

October 1, 2009

Dear APAMSA Members,

Welcome to the 16th annual National APAMSA Conference, *Transforming Medicine: A Challenge for Future Leaders* in Los Angeles, California! The conference chairs and I are excited that you will be joining us to celebrate APAMSA's achievements and address often neglected issues pertinent to the health and well-being of the Asian American, Native Hawaiians and Pacific Islanders (AA/NHOPI).

This year, we have an eclectic program of speakers who are experts in various medical specialties as well as in advocacy, health care access, hepatitis B, bone marrow typing, and career development. In addition, the newly formed organization for AA/NHOPI physicians called Asian Pacific American Medical Association (APAMA) will be introduced this weekend.

We hope that you enjoy this conference and take the opportunity to network with health professionals and fellow colleagues to equip yourselves with the tools to meet the health needs of the AA/NHOPI community. Thank you for coming to Los Angeles, and I look forward to seeing all of you.

Sincerely,



Shelly Choo

National APAMSA President 2009-2010

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SCHEDULE

Friday, October 9th

- 6:00 – 7:00 pm **Opening Lecture** *Ackerman 2408*
“Lung Cancer in the APA Community” - Dr. Stephen Yang
- 7:00 – 10:00 pm **Welcome Mixer** *Q’s Billiards, 11835 Wilshire Blvd.*
Sponsored by **Committee of Interns and Residents**

Shuttle vans will leave from Tiverton House Hotel every 15 minutes from 7-8pm. Vans will bring attendees back from Q’s Billiards to the hotel, leaving every 15 minutes from 9:30pm-10:30pm

Saturday, October 10th

- 7:30 – 8:00 am **Registration/Breakfast** *Ackerman Grand Ballroom*

- 8:00 – 10:00 am **Welcoming Remarks** *Ackerman Grand Ballroom*
- Welcome Address Dr. Ka Kit Hui
Keynote Address Asm. Fiona Ma
Keynote Address Asm. Mike Eng
Healthcare Reform Panel
- Moderator:* Dr. Marjorie Kagawa-Singer
Panelists: Dr. Jimmy Hara
 Dr. Art Chen
 Dr. Paul Song

- 10:00 – 11:00 am *Location* **Lecture/Workshop Series I**
- Ack 2408 Hep B Free – Asm. Fiona Ma, Ted Fang, Koy Parada, Dr. Stuart Fong
- Ack 2412 Liver Diseases in APAs – Dr. Myron Tong
- Ack 3508 Health Disparities – Dr. Marjorie Kagawa-Singer
- Kerch 131 Language Access – Doreena Wong, Anita Le
- Kerch 133 APAMA Workshop I

11:00 am – Noon	<i>Location</i>	<u>Lecture and Workshop Series II</u>
	Ack 2408	Integrative Medicine – Dr. Ka Kit Hui
	Ack 2412	Vaccine Delivery – Dr. Bruce Lee
	Ack 3508	Educational Profiling of APA Students – Dr. B Li
	Kerch 131	API Muslim Patients – Dr. Zuhra Musherraf
	Kerch 133	APAMA Workshop II
Noon – 1:00 pm	Lunch and Exhibitor Fair	<i>Ackerman Grand Ballroom</i>
1:00 – 2:00 pm	Regional Meeting	
	<i>Location</i>	<i>Region (States comprising region)</i>
	Ack 2410	Region I (CT, ME, MA, NH, RI, VT)
	Ack 2FL	Region II (NY, NJ)
	Ack 2408	Region III (DE, DC, MD, PA, VA, WV)
	Kerch 131	Region IV (AL, FL, GA, MS, NC, SC, TN)
	Ack 2412	Region V (KY, IN, MI, OH)
	Ack 3508	Region VI (CO, IA, KS, NE, MN, MO, IL, ND, SD, WI, WY)
	Ack GBR	Region VII (AK, HI, UT, ID, CA, MT, NV, OR, WA)
	Ack 3517	Region VIII (AZ, AR, LA, NM, OK, TX)
	Kerch 133	APAMA Workshop III
2:00 – 5:00 pm	National Business Meeting	<i>Ackerman Grand Ballroom</i>
2:00 – 3:00 pm	<i>Location</i>	<u>Lecture and Workshop Series III</u>
	Ack 2408	Resident Advocacy – CIR
	Ack 2412	Hepatitis B – Dr. Steven-Huy Han
	Ack 3517	India Clinic – Dr. Rebecca Giusti
	Kerch 131	3 rd Year of Medical School – Dr. Cynthia Macri
	Kerch 133	APAMA Workshop I
	Ack 2FL	Osteopathic Manipulative Medicine (OMM) Workshop Dr. Marcel Fraix, Esther Bae
3:00 – 4:00 pm	<i>Location</i>	<u>Lecture and Workshop Series IV</u>
	Ack 2408	Residency Panel
	Ack 2412	Tibetan Healing Fund – Dr. Kunchok Gyaltzen
	Ack 3517	Medical Interpreters – Dr. Dylan Roby
	Kerch 133	APAMA Workshop V
	Ack 2FL	Community Medicine – Dr. Angela Jo

SCHEDULE

4:00 – 5:00 pm	<i>Location</i> Ack 2408 Ack 2412	<u>Lecture and Workshop Series V</u> USMLE Step 1 Workshop – Dr. Tao Le Premed Workshop I
5:00 – 6:00 pm	Break for Banquet Preparation	
5:30 pm	<i>Shuttle vans will begin leaving from Tiverton House Hotel to Banquet Hall. A van will leave every 10 minutes until 6:30pm.</i>	
6:00 – 9:00 pm	Banquet	<i>Covel Commons Grand Horizon Room</i>
	Keynote Speakers	Cdr. Jack Tsao Brig. Gen. Joseph Carvalho Dr. Eliza Lo Chin Dr. Sammy Lee
10:00 pm	Banquet Afterparty	<i>Social Hollywood, 6525 W Sunset Blvd.</i>
	<i>Buses will leave from Tiverton House Hotel starting at 9:45pm. Buses will leave Social Hollywood promptly at 2:00am. If you miss the bus, it is your responsibility to find transportation back to the hotel.</i>	

Sunday – October 11th

8:30 – 9:00 am	Breakfast – Ackerman Grand Ballroom	
9:00 – 10:00 am	<i>Location</i> Ack 2408 Ack 2412	Lecture/Workshop Series VI Suturing Workshop Premed Workshop II
10:00 – 11:00 am	<i>Location</i> Ack 2408 Ack 2412	Lecture/Workshop Series VII Residency Panel Premed Workshop III
11:00 – noon	Closing Remarks – Ackerman 2408	



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MORNING KEYNOTE SPEAKERS



Asm. Fiona Ma

In November, 2006 Fiona Ma was elected to represent the people of California's 12th Assembly District. The district includes San Francisco, Daly City, Colma and Broadmoor.

As a former elected member of the San Francisco Board of Supervisors, Asm. Ma hit the ground running in Sacramento. The Speaker appointed Asm. Ma as the Majority Whip, where she is responsible for ensuring the passage of crucial legislation to improve public education, expand healthcare access and protect our environment. At the start of her second term, Asm. Ma was appointed to key committees including Higher Education, Revenue and Taxation, Housing, Agriculture, Labor, and Public Safety.

Asm. Ma serves as the Chair of the Assembly Select Committee on Domestic Violence where she has worked on legislation to protect victims of domestic violence. She has authored groundbreaking legislation to protect young children from dangerous chemicals, help California's working families pay the bills, prevent the spread of Hepatitis B, increase access to quality healthcare, and provide equal rights for all Californians. As a joint author of Proposition 1-A, which was approved by voters in November, 2008, and the convener of the High Speed Rail Caucus, Asm. Ma is also the legislature's leading advocate to bring high speed trains to California.

During her first year in office, landmark legislation was chaptered into law By Governor Schwarzenegger. Assembly Bill 1108 was a first in the nation law that banned the use of toxic chemicals, known as phthalates, in baby products. Her bill was later used as a model in Federal legislation that went into effect in February, 2009.

Asm. Ma is also focused on improving California's bottom line. She has authored legislation to keep jobs in California and grow the state's economy and as an Executive Board Member of the National Conference of State Legislators, she works to keep California competitive with other states.

In 1995, Asm. Ma was a delegate to the White House Conference on Small Business under President Bill Clinton. Her tireless advocacy for women and minority business owners has led to responsible public contracting in San Francisco.

Asm. Ma received her B.S. from the Rochester Institute of Technology (NY), her M.S. in Taxation from Golden Gate University (SF), and an MBA from Pepperdine University. She is a Certified Public Accountant licensed in California.



Asm. Mike Eng

Assemblymember Mike Eng represents the 49th Assembly District, which is located within eastern Los Angeles County and includes the cities of Alhambra, El Monte, Monterey Park, Rosemead, San Gabriel, San Marino and South El Monte.

Asm. Eng chairs the State Assembly Transportation Committee, which oversees the work of the state Office of Traffic Safety, the High Speed Rail Authority, and the Departments of Transportation, Motor Vehicles, California Highway Patrol and Air Resources (for mobile source emissions). Consequently, the Committee develops policies for a broad range of issues such as those related to vehicle license and registration, the State Highway System, local streets and roads, transit, general aviation, fuels, rules of the road, and rail. Recently, Asm. Eng was appointed by Assembly Speaker Karen Bass to the California Transportation Commission (CTC) to serve as one of two ex-officio members.

Asm. Eng's top legislative priorities include addressing California's transportation infrastructure needs, "green" job creation, tackling the underground economy by going after tax cheats, advocating for stronger consumer protections, fighting for groundwater cleanup in the San Gabriel Valley and throughout the state, eliminating health disparities amongst underserved communities and confronting the growing problem of hate crimes in California and the rest of the nation.

Prior to serving in the State Assembly, Asm. Eng was appointed to the California Department of Consumer Affairs Acupuncture Board for two terms where he served as Board Vice Chair and Chair of the Enforcement Committee. He also served as Mayor and City Councilmember of Monterey Park, where he helped start the region's first city Environmental Commission to deal with quality of life issues, initiated a summer science program for low-income students, enhanced after school programs, organized the city's Clean Up the City Day, facilitated the city's first workshop for home care workers and founded numerous scholarship opportunities for high school students.

Asm. Eng served three terms as a Monterey Park Library Board Trustee and chaired the successful library building campaign that raised local matching funds and qualified for state funding for an \$18 million library expansion. He was named California's Outstanding Library Trustee in 2002 for his work. He was also Monterey Park's "Volunteer of the Year" for his video that prepares viewers for the U.S. citizenship exam and which led to an Emmy award-winning production.

As a longtime community leader, Asm. Eng serves on the Board of Directors of the West San Gabriel Valley Boys and Girls Club and provided free immigration legal advice to immigrant working families. In addition, he served on the Garfield Medical Center Board of Directors. Asm. Eng earned his law degree from the University of California Los Angeles after completing Bachelors and Masters degrees at the University of Hawaii while working full time at a local emergency room. He is also a part-time community college instructor.

BANQUET KEYNOTE SPEAKERS



*Brig. Gen. Joseph
Carvalho*

Brigadier General Joseph Carvalho, Jr. was born and raised in Kaneohe, Hawaii, and is a 1975 alumnus of St. Louis High School in Honolulu, Hawaii. In 1979, he graduated magna cum laude with a Bachelor of Arts in mathematics from Gonzaga University in Spokane, Washington. Designated an Army ROTC Distinguished Military Graduate, he was first commissioned as a Second Lieutenant in the Medical Service Corps. He went on to the Uniformed Services University of the Health Sciences (USUHS) School of Medicine in Bethesda, Maryland, where he received his medical doctorate and was commissioned a Medical Corps Regular Army Captain in 1983.

Brig. Gen. Carvalho's post-graduate medical training included a transitional internship, internal medicine residency, and both nuclear medicine and cardiology fellowships. His military training includes the Command and Service Support School at Fort Leavenworth, Kansas. He is a graduate of the Command and General Staff College and the Army War College, the latter from which he received a Master of Strategic Studies. Clinically, he served as staff internist, nuclear medicine physician, and cardiologist. He served as Chief of Cardiology at Tripler Army Medical Center in Honolulu, and as Deputy Commander for Clinical Services at Womack Army Medical Center at Fort Bragg, North Carolina. His operational medical experience includes assignments as Surgeon, 1st Battalion, 1st Special Forces Group (Airborne), Okinawa, Japan; Physician Augmentee, Joint Special Operations Command, Fort Bragg; Surgeon, 75th Ranger Regiment, Fort Benning, Georgia; Deputy Chief of Staff, Surgeon, U.S. Army Special Operations Command, Fort Bragg; and most recently as the Assistant Chief of Staff, Health Affairs, XVIII Airborne Corps, Fort Bragg. He also commanded the 28th Combat Support Hospital and the 44th Medical Command (Rear)(Provisional), both at Fort Bragg. In April 2009, Brigadier General Carvalho redeployed from Iraq, where he served as the senior medical officer for both the Multi-National Force-Iraq and the Multi-National Corps-Iraq.

Brig. Gen. Carvalho earned the Special Forces and Ranger tabs and was awarded the Expert Field Medical Badge. He completed the Army Airborne and Flight Surgeon schools, as well as the Navy Dive Medical Officer and SCUBA courses. His individual awards include the Legion of Merit with oak leaf cluster, Bronze Star Medal, Defense Meritorious Service Medal, Army Meritorious Service Medal with six oak leaf clusters, Joint and Army Commendation Medals, and the Army Achievement Medal with three oak leaf clusters. He is also a recipient of the Order of Military Medical Merit.



Dr. Sammy Lee

Dr. Sammy Lee was the first American of Asian descent to win an Olympic gold medal for the United States. He received his MD in 1947 and was a member of the U.S. Army Medical Corps. During his education and service to his country, Lee would squeeze in diving practice when he could. Practice was made more difficult, because of the discrimination he faced. Lee would practice at the Los Angeles Swim Stadium and Brookside pool, but non-Caucasians could only use the pool at Brookside one day a week. The pool was emptied after they used it and refilled the next day. When the pool was closed to Lee, he would often practice his diving form by jumping onto a sand pile. His big break came when renowned diving coach Jim Ryan took him under his tutelage. Ryan was a large man of Irish descent, who stood 6' - 4" tall and weighed 275 pounds. He would take Lee to the Los Angeles Athletic Club, which was normally closed to the minorities, but no one dared to tell Jim Ryan that Lee couldn't come into the club with him.

The 1940 and 1944 Olympic Games had been canceled due to the war and it was not until the London Games in 1948, at age 28, that Lee could bid for his first Olympic medal. He astounded the world by winning a gold medal in the Men's 10-meter platform. When he broke the surface after nailing his last dive, a forward three and a half somersault, and saw his marks of 10, 9, 9.5, 7, 9, he realized he was Olympic champion. He also won a bronze medal in the 3 meter springboard. In the 1952 Helsinki Games, Lee won his second gold medal in the International Olympic Men's platform. At 32, he was the oldest person to win a gold medal in diving, and the first male diver to win back-to-back diving gold medals.

Lee retired from competitive diving in 1953 but he remained involved in the sport. That same year he was awarded the James E. Sullivan Trophy, given to the most outstanding U.S. amateur athlete. He was the 1st person of color to win it. In 1954, he was Sports Ambassador to Southeast Asia, touring Southeast Asia, coaching and giving diving exhibitions, and lecturing on the Olympics. After resigning his Regular Army Commission, he went into private practice as an ear, nose, and throat specialist.

He was the personal presidential representative for President Eisenhower to the 1956 Melbourne Olympics, President Nixon to the 1972 Munich Olympics, and President Reagan to the 1988 Seoul Olympics. He was inducted into the U.S. Olympic Hall of Fame, and International Hall of Fame. He was the U.S. Olympic diving coach in the 1960 Rome Olympics and the 1964 Tokyo Olympics. He coached Bob Webster to gold medals in 1960 and 1964 and the great Greg Louganis to a silver medal in 1976. His book *Diving* was published in 1979. He was a member of the President's Council on Physical Fitness and Sports from 1950 to 1990.

Lee recently turned 88 and leads an active life in Southern California with his wife, Roz, their children, Pamela and Sammy II, and their three grandchildren. He plays golf regularly, and not surprisingly, swims laps every day. The 2008 Olympics in Beijing marked the 60th anniversary of Lee's gold and bronze medal wins at the 1948 Olympics in London. Dr. and Mrs. Lee attended the Beijing games as guests of U.S. Diving, Inc., and others.



*Dr. Eliza
Lo Chin*

Dr. Eliza Lo Chin received her M.D. from Harvard Medical School, an M.P.H. from Columbia University, and completed her residency in internal medicine at the Brigham and Women's Hospital in Boston. She was an Assistant Clinical Professor of Medicine at Columbia University College of Physicians and Surgeons where she was actively involved in both the clinical and teaching programs. In 2002, she published the anthology, *This Side of Doctoring: Reflections from Women in Medicine* (Sage 2001, Oxford 2003). She was also featured in the 2003 NIH Exhibition "Changing the Face of Medicine: Celebrating America's Women Physicians." Dr. Chin is now president-elect of the American Medical Women's Association and continues to practice medicine part-time. She resides in California with her husband and three children.



Cdr. Jack Tsao

Lieutenant Commander Jack Tsao is the Head of the Traumatic Brain Injury Center at the Bureau of Navy Medicine and Surgery. A graduate of Harvard College in biochemistry in 1987, Dr. Tsao received a M.Phil. from the University of Cambridge in 1989 and a D.Phil. from the University of Oxford in 1995, and completed a research fellowship in neuroscience at Johns Hopkins University in 1996. He received his MD degree from Harvard Medical School and the Harvard-MIT Division of Health Sciences and Technology in 1997, and followed that with a neurology residency at the University of California, San Francisco and a clinical fellowship in geriatric behavioral neurology at the University of Florida in 2004. His research interests include the use of anti-cholinergic medication as a dementia risk factor, use of botulinum toxin in the therapy of low back pain and headache, cognitive changes associated with phantom limb pain, and the molecular mechanisms of synaptic and axonal degeneration.

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OPENING LECTURE

FRIDAY, OCTOBER 9 :: 6:00 – 7:00 PM

OMG YOU WANNA BE A SURGEON?

FOCUSING ON LUNG CANCER AS A MODEL IN PLANNING A SURGICAL CAREER

Dr. Stephen Yang

CHS 63-105

The practice and training for surgery has evolved to suit the current era of students and residents. There remains ample opportunities for clinical and basic science research in many of the oncologic disciplines. With lung cancer continuing to rise in Asian Pacific American, it is the hope that this lecture will help stimulate research initiatives in this and other cancers common to Asians. New technology and translational research that is transforming personalized cancer care will be presented. Finally, using this oncologic interest, the pathways to a surgical career will be outlined.

Stephen C. Yang, M.D. is Professor of Surgery and Oncology at The Johns Hopkins University School of Medicine and an attending surgeon at both The Johns Hopkins Hospital and The Johns Hopkins Bayview Medical Center. Dr. Yang graduated from Duke University with a B.A. in Chemistry and received his M.D. degree from the Medical College of Virginia. He completed his general surgery residency at the University of Texas Health Science Center at Houston, and finished his cardiothoracic surgery fellowship at the Medical College of Virginia. He also completed a 3 year thoracic surgical oncology research fellowship at the University of Texas M. D. Anderson Cancer Center.



HEALTH CARE REFORM PANEL

SATURDAY, OCTOBER 10 :: 9:00 – 10:00 AM

THE CURRENT HEALTH CARE REFORM DEBATE: HOW WILL IT AFFECT THE HEALTH CARE OF THE APA COMMUNITY?

Moderator: Dr. Marjorie Kagawa Singer

Panelists: Dr. Jimmy Hara, Dr. Art Chen, Dr. Paul Song

Ackerman Grand Ballroom

With the need for health care reform at the forefront of national attention, it is imperative that we, as future leaders of the delivery of health care, are knowledgeable about the issues that will affect our future medical practice and care of our patients. While following the news has made many of us aware of the issues at hand, what may be tougher to delineate is the effects of various proposals on the health care of the Asian Pacific American community. This panel, which consists of three prominent physicians well versed in the issues central to the current health care reform debate, will discuss their views on the proposals being put forth and how they may relate to the health care issues that face the APA community.

Jimmy H. Hara, M.D., F.A.A.F.P. is Community Benefit Lead Physician for Kaiser Permanente Southern California and Family Medicine Director Emeritus for the Kaiser Permanente Los Angeles Medical Center. He is a Clinical Professor of Family Medicine of the David Geffen School of Medicine at UCLA and on the Advisory Board for the UCLA-PRIME Program. He served as Keynote for the UCLA White Coat Ceremony for the Class of 2010. He is recipient of the Award for Excellence in Education from the UCLA School of Medicine, the Kaiser Permanente Asian Pacific Network Lotus Award for Community Service, and the National Kaiser David Lawrence Community Service Award. He is Chair of the Health Care Workforce Policy Commission for the Office of Statewide Health Planning and Development. He has been a volunteer physician at the Venice Family Clinic for four decades and currently serves as the Chair of their Board of Directors. He also regularly takes medical students and resident physicians with him in his volunteer activities at two venues of the Saban Free Clinic, the UCLA Mobile Clinic, the UCLA Homeless Shelters, and the Asian Pacific Health Care Venture. He is faculty mentor for the Lennox Health Fair, Synergy Health Fair, and the Asian Pacific American Health CARE Program. He is the founding Director and Advisory Board Chair of the Los Angeles Albert Schweitzer Fellowship, which provides health professional students the opportunity to provide community service. He is the recipient of the 2009 Physician Humanitarian Award from the Medical Board of California in recognition of his career of medical service and advocacy.

Arthur Chen, M.D. currently serves as the Medical Director of the Alameda Alliance for Health, a Local Initiative, Medi-Cal Managed Care non-profit public entity serving over 90,000 low income residents of Alameda County. From 1996-2001 he was the Health Officer for Alameda County. Since 1983 he has practiced clinical medicine as a family physician at Asian Health Services (a community health center) in Oakland, California where he also served as Medical Director and Special Programs Director. Prior to that, he served as an emergency room physician and the Associate Medical Director of the Institute of Emergency Medicine at the Albert Einstein College of Medicine, Bronx, NY. He was also the Executive Director of the Chinatown Health Clinic in New York City. He currently serves on the Board of Directors of The California Endowment, a health foundation focused on improving health status and access to care for California's medically underserved population. He recently completed a two year term with The California Endowment as Board Chair. From 1998 – 2006, he chaired the Board of Directors of the Asian and Pacific Islander American Health Forum, a national policy and advocacy organization whose mission is to improve the health status of Asian Americans and Pacific Islanders. From 2001-2003 he was appointed to the Task Force on Culturally and Linguistically Competent Physicians and Dentists for the CA Dept of Consumer Affairs. He completed his postgraduate training at the Residency Program in Social Medicine (Family Practice) at the Montefiore Hospital and Medical Center of the Albert Einstein College of Medicine, Bronx, New York. He received his B.S. and medical degrees from the University of California at Davis. He is happily married with two grown children and has been a resident of Oakland, California since 1983.

Paul Y. Song, M.D. is a practicing radiation oncologist at the John Wayne Cancer Institute at Saint John's Health Center and at the Vantage Oncology West Hills Radiation Therapy Center. He is also the Director of Clinical Quality Improvement for Vantage Oncology and a member of Physicians for a National Health Program. Dr. Song graduated with honors from the University of Chicago and received his medical degree from George Washington University. He completed his residency in radiation oncology at University of Chicago Medical Center where he also served as chief resident and was honored as an ASTRO research fellow for 1995-96 by the American Society for Therapeutic Radiology and Oncology for his research in genetic radiotherapy. Prior to relocating to Los Angeles in 2008, Dr. Song served as an attending physician at Inova Fairfax Hospital, co-chief of the brachytherapy service at the Center for Prostate Disease Research at Walter Reed Army Medical Center, and as medical director of the Little Company of Mary/University of Chicago Radiation Oncology Department. He was named as one of the top doctors in Washington, DC by Consumer Checkbook and Washingtonian Magazine for 2002 and 2005. In addition to practicing medicine, Dr. Song co-chair of the Asian-American Finance Committee for Kamala Harris for CA Attorney General. He is married to TV journalist Lisa Ling and they reside in Santa Monica.

Note: Dr. Kagawa-Singer's biographical description can be found with her lecture description.



LECTURE/WORKSHOP SERIES I

SATURDAY, OCTOBER 10 :: 10:00 – 11:00 AM

COMMUNITY-BASED HEALTHCARE REFORM: LESSONS LEARNED FROM SF, LA, AND OC HEP B FREE

Asm. Fiona Ma, Ted Fang, Koy Parada, Dr. Stuart Fong
Ackerman 2408

Response to Hepatitis B disease is the API community's own example of healthcare reform – the Hep B Free model is a community-based and self-sustaining program to address and eliminate the greatest cause of liver cancer in the world and the greatest health disparity in America for Asian/Pacific Islanders. The Hep B Free model is based on multi-faceted and comprehensive collaboration across industries and across segments including healthcare institutions, healthcare professionals, corporate business community, media, and community groups. Assemblywoman Fiona Ma, publisher Ted Fang, community organizer Koy Parada, and Dr. Stuart Fong will share the story of their successes and the lessons learned from the efforts in San Francisco, Los Angeles, and Orange County as well as the challenges that lie ahead for the API community and health advocates.

***Ted Fang** is a community activist, media executive, businessman and student of diversity. A native San Franciscan and lifetime resident, he is a graduate of UC Berkeley. He built San Francisco's largest periodicals printing company and America's largest non-daily newspaper. He became the first Asian American to run a major metropolitan daily newspaper. Mr. Fang serves as a steering committee representative to the San Francisco Hep B Free campaign, the largest collaborative effort ever in the APIA community. The SF Hep B Free campaign is setting a national model for overcoming hepatitis B disease. He has served as Editor and Publisher for AsianWeek, the San Francisco Examiner and the Independent Newspaper Group.*

***Dr. Stuart Fong, M.D.** currently works at Chinese Hospital, a community hospital in San Francisco's Chinatown. Dr. Fong coordinates the Hepatitis B program at the hospital. The hospital offers free Hepatitis B screening, low cost vaccinations and patient education programs for the community. Dr. Fong is also the Infection Control Coordinator. In addition, he oversees the Community Partnership outreach awareness program, and Employee Health program. Bringing awareness to Hepatitis B, which is highly prevalent in the Asian population, is one of the latest projects in which Dr. Fong is focusing his attention.*

***Koy Parada, M.P.H., Ph.D.(c)** received her B.S. in Biological Sciences from UC Irvine, and her MPH and PhD (in progress) from the UCLA School of Public Health. Her work focuses primarily in two areas: cancer prevention and control in the Asian American/Pacific Islander (AAPI) community, and health access for medically underserved populations. She co-founded the Thai Health Network and*

two interdisciplinary student-run projects: UCLA Mobile Clinic and UCLA APA Health CARE, which provide health services to the homeless and culturally/linguistically isolated AAPI communities, respectively. She is currently the co-Chair of both the Los Angeles County Hepatitis B Coalition and the Orange County Hepatitis B Coalition. Ms. Parada is part of the California Department of Public Health's Viral Hepatitis leadership team. She has received several prestigious national and regional awards, including the Secretary's Award from the United States Secretary of Health and Human Services, as well as the Award for Excellence in Public Health Practice from the Associated Schools of Public Health.

LIVER DISEASES IN ASIAN AMERICANS: HBV, HCV, AND HCC

Dr. Myron Tong
Ackerman 2412

***Myron Tong, M.D., Ph.D.,** received his Doctor of Philosophy degree from the University of California, Berkley, and M.D. degree from the University of California, San Francisco. He completed his fellowship in hepatology at Los Angeles County-University of Southern California Medical Center, Los Angeles. Dr. Tong served as a naval medical officer in Vietnam, and was attached to the U.S. Naval Medical Research Unit in Danang, where he was involved in studies of wars-related wounds and tropical diseases. A world-leading hepatologist, Dr. Tong has specialized in liver-disease research and treatment for more than 25 years, with a distinguished record of service to the university and community. The first to link HBV infection with liver cancer, Dr. Tong is one of the leading clinical investigators on HBV and liver diseases in Asians in the U.S. and Asia. Dr. Tong's research efforts include anti-viral treatment of patients with hepatitis B and hepatitis C, and he is heavily involved in the treatment of patients with hepatocellular carcinoma at UCLA.*

HEALTH DISPARITIES IN ASIAN PACIFIC AMERICANS: DISPELLING THE MYTHS

Dr. Marjorie Kagawa Singer
Ackerman 3508

***Marjorie Kagawa-Singer, Ph.D., M.N., R.N.,** is a Professor at the UCLA School of Public Health and Asian American Studies Center. Dr. Kagawa-Singer has worked in oncology for 30 years. Her research focuses on the discrepancies in physical and mental health-care outcomes of ethnic minority populations, primarily Asian American/Pacific Islanders with chronic illnesses such as cancer. Her present research seeks to develop standards of cultural competence in health care, and investigate the influence of ethnicity on health-care decisions and emotional and physical outcomes.*

Dr. Kagawa-Singer is the Director of the Concurrent Degree Program Community Health Sciences and Asian American Studies and the Principal Investigator at the UCLA Minority Training Program for



Cancer Control Research. She is also the Associate Director of the UCLA Lance Armstrong Center of Excellence for Cancer Survivorship. Dr. Kagawa-Singer has a master's degree in nursing from the UCLA School of Nursing, and master's and doctorate degrees in Anthropology from UCLA.

LANGUAGE ACCESS AND WHAT YOU CAN DO TO IMPROVE HEALTHCARE FOR ASIAN PACIFIC ISLANDER LIMITED ENGLISH PROFICIENT PATIENTS

Doreena Wong
Kerchoff 131

A language barrier should not be the main reason that causes a limited English proficient (LEP) patient's poor health outcome. Unfortunately it has and does happen often and for more than 10 years, major steps have been made to protect the healthcare rights for LEP patients to access trained medical interpreters. There are now federal, state and local laws that require hospitals and physicians to provide trained medical interpreters for their LEP patients. Although language access has made great progress, there is still an uphill battle to implement and make it a cultural norm. In this workshop you will learn about those affected, the history, the laws and the language access programs already in place in California and Los Angeles County for LEP patients.

Doreena Wong, J.D., is a staff attorney at the National Health Law Program (NHeLP), a national public interest law firm that works to increase and improve access to quality health care on behalf of limited income people by providing legal analysis and representation, information, education, and policy advocacy. Ms. Wong provides support to the Health Consumer Alliance, a partnership of consumer assistance programs operated by community-based legal services organizations whose purpose is to help low-income people obtain essential health care. She places a special focus on increasing the provision of culturally and linguistically appropriate health care services for immigrants and limited-English proficient populations. She graduated from New York University School of Law in 1987 as a second career after having worked as a health care professional for nine years.

Anita Hong-Ha Le, J.D., is the Program Director of PALS for Health, the only community-based, nonprofit, and full-spectrum language service provider in Southern California. Anita has been a social justice activist and an immigrant rights advocate for almost 20 years. Prior to her current position, Anita was a legal aid attorney at Greater Boston Legal Services and the Asian Pacific American Legal Center of Southern California. Anita was born and raised in Vietnam, and is a graduate of UCLA and Northeastern University School of Law.

LECTURE/WORKSHOP SERIES II

SATURDAY, OCTOBER 10 :: 11:00 AM - NOON

THE IMPORTANT ROLE OF INTEGRATIVE MEDICINE IN PROVIDING SOLUTIONS TO THE CURRENT HEALTH CARE CRISIS

Dr. Ka Kit Hui
Ackerman 2408

Traditional Chinese medicine (TCM) has proven itself to be a uniquely comprehensive system that is both effective and affordable. Besides treatment methods, TCM's focus on cultivating health by maintaining homeostatic reserve and minimizing factors that lead to deregulation, encompasses all degrees of prevention. Its teaching of moderation, balance and lifestyle modification in effect accomplish the goals of health promotion. As such, the TCM approach is well-positioned to complement the crisis intervention model of biomedicine. The knowledge contained in Chinese medicine's thousands of years of thinking, analysis and practice has much to offer to human welfare and, once it is dressed in modern language, this ancient treasure will be better appreciated by the world community. As the health care system faces a crisis, medical traditions other than the Western biomedical model should be recognized for their potential to heal both the current system and the human population. In this lecture, Dr. Hui will share his insight from his decades of study of the Chinese integrative medical system, and discuss how elements of this system might be able to address the tough questions that the United States currently faces.

***Ka Kit Hui, M.D., F.A.C.P.,** is the Founder and Director of the UCLA Center for East-West Medicine. Dr. Hui is a clinician, educator and researcher whose broad-based knowledge of comprehensive medical care stems from multiple areas of specialization - internal medicine, clinical pharmacology, geriatrics, traditional Chinese medicine, and integrative medicine. His basic and clinical investigations have provided him with unique insights into the concepts of regulation, homeostasis, and balance. Founded in 1993, the UCLA Center for East-West Medicine has a dynamic clinical program that exceeds 5,000 patient visits per year, with the majority referred by over 100 UCLA physicians. Dr. Hui and his staff have developed expertise in blending traditional Chinese Medicine with western biomedicine to develop a unique healthcare paradigm. The UCLA Center for East-West Medicine conducts successful educational programs in integrative East-West medicine for clinicians who are physicians, fellows, house staff, nurses, nurse practitioners, medical students, patients, and the public. Dr. Hui has served as a consultant to the FDA, NIH, WHO, universities, health insurance companies, drug companies, and the media.*



THE JOURNEY MATTERS: GETTING VACCINES TO PEOPLE AROUND THE WORLD

Dr. Bruce Lee
Ackerman 2412

Scientific advances have produced an armamentarium of vaccines to prevent panoply of infectious diseases. But these vaccines cannot work unless they reach patients. Getting vaccines (and other medical products) to healthcare workers and patients around the globe is no small task. Global, regional, and local politics, economics, epidemiology, technology, and environments all play major roles. We'll review some the challenges and work involved in vaccine supply and distribution logistics as well as ways to get involved in this area.

Bruce Y. Lee, M.D., M.B.A. is an Assistant Professor of Medicine, Epidemiology, and Biomedical Informatics at the University of Pittsburgh School of Medicine and Graduate School of Public Health. At the University of Pittsburgh, he directs research groups, Public Health and Infectious Diseases Computational and Operations Research (PHICOR) and Vaccine Computational and Operations Research (VaxCOR), that specializes in designing epidemiologic, economic, and operational computer models that help tackle infectious diseases of global importance. He is a Co-Investigator for the National Institutes of Health (NIH) Modeling of Infectious Diseases Agent Study (MIDAS) research and informatics network and a Co-Investigator for the Vaccine Modeling Initiative, funded by the Bill and Melinda Gates Foundation. He is currently working with the World Health Organization (WHO) on vaccine supply logistics. Dr. Lee received his B.A. from Harvard University, M.D. from Harvard Medical School, and M.B.A. from the Stanford Graduate School of Business. He is board-certified in Internal Medicine, having completed his residency training at the University of California, San Diego.

EDUCATIONAL PROFILING OF APA MEDICAL STUDENTS

Dr. B Li
Ackerman 2412

How to best play the wards "game."

B Li, M.D., is a Professor of Pediatrics at the Medical College of Wisconsin as well as Director of Pediatric Fellowships in the Department of Pediatrics, and, Director of the Cyclic Vomiting Program at the Children's Hospital of Wisconsin in Milwaukee. He was the President of the North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition in 2008. Dr. Li founded the national Asian Pacific American Medical Student Association in 1995, developed diversity curriculum at Ohio State University, and served on a national advisory committee for cultural competency curriculum for the Office of Minority Health.

His honors include the Outstanding Clinical Teacher Award (Wisconsin), the Asian American Faculty Award, the Multicultural Teaching Award, the Diversity Enhancement Award (Ohio State), 10th Anniversary Service Award (APAMSA), and selection as one of the Best Doctors in America 1998-



2008. Dr. Li received his M.D. degree from Kansas University, and completed his residency, chief residency, and fellowships in gastroenterology and nutrition at the University of Wisconsin-Madison.

TREATING ASIAN PACIFIC ISLANDER MUSLIM PATIENTS

Dr. Zuhra Musherraf
Kerchoff 131

Muslim culture is itself a contentious term. Muslims live in many different countries and communities, and it can be difficult to isolate much that unifies them other than the religion of Islam. As such with the United State's growing diversity, it emphasizes the critical need to provide culturally competent healthcare for the Muslim community. A better understanding of the Muslim culture and traditional practices will debunk myths and barriers that hinder Muslim patients from achieving optimal health and healthcare.

Zuhra Musherraf, D.O., received a Bachelor of Science in Biology at Chapman University and a Doctor of Osteopathic Medicine at Western University of Health Sciences, College of Osteopathic Medicine of the Pacific. Dr. Musherraf did an international medicine rotation at Chiapas, Mexico and Karachi, Pakistan. Dr. Musherraf completed a residency program in family medicine and a fellowship in women's health at Harbor-UCLA Medical Center. Dr. Musherraf is now an assistant professor at Western University of Health Sciences and does clinical work at Western University Medical Center.

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LECTURE/WORKSHOP SERIES III

SATURDAY, OCTOBER 10 :: 2:00 – 3:00 PM

MOVING FORWARD: RESIDENT WORK HOURS

Timothy Chow, Dr. Vishal Verma, Dr. Michael Jolley
Ackerman 2408

Do you think overworked physicians are a thing of the past? Do you agree or disagree with the “80-hour work week” during residency? This workshop will review the history of resident work hour reform, recent developments, and offer first hand accounts from CIR residents on whether work hours is a problem in today’s hospitals. So take an afternoon nap, drink some coffee, and come join us while we answer the age-old question “How long is too long?”

Timothy Chow is a full-time organizer at CIR, Committee of Interns and Residents, the largest residents' union in the country. Timothy graduated from Cornell University. His role at CIR consists of connecting medical students with residents and organizing educational events in medical schools and conferences across the country. *Dr. Vishal Verma* is an internal medicine resident at Brooklyn Hospital Center in New York. He graduated from Kasturba Medical College in India. He is also a CIR New York regional Vice President. *Dr. Michael Jolley* is an internal medicine resident at Los Angeles County/ University Southern California Medical Center. Dr. Jolley graduated from the Medical College of Ohio. He is also a CIR Southern California Vice President.

HEPATITIS B: LATEST DEVELOPMENTS IN TREATMENT

Dr. Steven-Huy Han
Ackerman 2412

Steven-Huy Han, M.D. is the Director of the Hepatology Clinical Research Center and Assistant Director of the UCLA Asian Liver Center. His research interests have focused on the treatment of chronic viral hepatitis, the prevention of recurrent viral hepatitis after liver transplantation, and the treatment of fulminant liver failure. He is the Principal Investigator of the National Institute of Health (NIH) Hepatitis B Clinical Network in Los Angeles and on multiple clinical studies involving treatment of chronic hepatitis B and C.

Dr. Han received his M.D. from Albany Medical College in Albany, NY. Following a residency in Internal Medicine at Santa Clara Valley Medical Center and Stanford University, Dr. Han completed a clinical fellowship in hepatology at the University of Southern California. He then trained at UCLA where he completed a clinical fellowship in gastroenterology and transplant hepatology. Since then, Dr. Han has remained at UCLA, where he is now an Associate Clinical Professor in the Division of Digestive Diseases and the Division of Liver and Pancreas Transplantation.



INTERNATIONAL MEDICINE: SETTING UP A MEDICAL CLINIC IN TAWANG, INDIA

**Dr. Rebecca Giusti
Ackerman 3517**

In the tiny Indian town of Tawang, which sits at 10,000 feet in the Himalayas, close to the borders of China and Bhutan, access to even basic healthcare is limited. The town's hospital is understaffed and short on supplies—and more than two days' walk from the remote rural settlements where many of the 40,000 people in Tawang's catchment area live. In late November and early December of 2008, a group of doctors and medical staff from the US-based healthcare charity Amrit Davaa treated patients with a wide range of conditions—from such serious, life-threatening diseases as TB to less onerous, but still extremely uncomfortable, maladies such as gas. At the orphanage, many children were suffering from or were suspected of having mumps, and some were suffering secondary infections as a result of rudimentary efforts to contain the spread of the disease. Amrit Davaa's ultimate aim is to create a sustainable and self-reliant medical clinic at the orphanage. Having gathered a huge amount of data on the health of the region's people, the team returned in late Spring 2008 to perform follow-up treatments and begin setting up the clinic at the orphanage.

***Rebecca Giusti, D.O.** is an Assistant Professor of Family Medicine/Osteopathic Manipulative Medicine (OMM) at the College of Osteopathic Medicine of the Pacific at Western University of Health Sciences in Pomona CA. She is an American Osteopathic Board Certified Family Physician and Osteopathic Manipulative Medicine/Neuromuscular Medicine. She received her B.S. in Biology at Mary Washington College in 1998.*

OSTEOPATHIC MANIPULATIVE MEDICINE (OMM) WORKSHOP

**Dr. Marcel Fraix and Esther Bae
Ackerman 2nd Floor Lounge**

Osteopathic medicine is a distinct form of medical practice in the United States. Osteopathic medicine provides all of the benefits of modern medicine including prescription drugs, surgery, and the use of technology to diagnose disease and evaluate injury. It also offers the added benefit of hands-on diagnosis and treatment through a system of therapy known as osteopathic manipulative medicine (OMM). Osteopathic medicine emphasizes helping each person achieve a high level of wellness by focusing on health promotion and disease prevention. The OMM workshop will be hands on, teaching OMM and provide students a better understanding and knowledge of osteopathic medicine at Western University of Health Sciences.

***Marcel Fraix, D.O.,** received his doctorate in osteopathic medicine from the College of Osteopathic Medicine of the Pacific at Western University of Health Sciences. He completed his residency in*

Physical Medicine and Rehabilitation at U.C. Davis Medical Center and fellowship in Neuromuscular Medicine at Downey Regional Medical Center. He specializes in musculoskeletal medicine and incorporates manual medicine into the treatment of sports-related and spine disorders. Dr. Fraix is an Assistant Professor at Western University of Health Sciences and practices at the Health Integration Center. He is also currently investigating the effectiveness of Osteopathic Manual Medicine in the treatment of vertigo.

Esther Bae is currently a fourth-year student at Western University of Health Sciences and Predoctoral Teaching Fellow in the Department of Osteopathic Manipulative Medicine. She graduated from UC Berkeley in 1999 with a Bachelor of Arts degree in English Literature. From 1999-2009 Ms. Bae was a Research Assistant in Biology at University of California, Berkeley, California Institute of Technology, and University of Nevada, Reno. During that time Ms. Bae also worked briefly as a Critical Care Support Technician at Children's Hospital Oakland.

THE THIRD YEAR OF MEDICAL SCHOOL

Capt. Cynthia Macri
Kerchoff 131

The third year of medical school is notoriously successful at provoking anxiety among 1st and 2nd year medical students. Dr. Macri will share her insight on the third year, and provide attendees with advice on how to succeed during this challenging time in medical school.

Capt. Cynthia Macri, M.D. is Special Assistant of Diversity to the Chief of Naval Operations in the US Navy. She attended Temple University School of Medicine on a Navy Scholarship. She continued her training at the National Naval Medical Center as a General Surgery intern and as a resident in Obstetrics and Gynecology. She was then selected for and completed a prestigious fellowship in Gynecologic Oncology at the University of California, Irvine, the premier Gyn Oncology Fellowship in the country.

LECTURE/WORKSHOP SERIES IV

SATURDAY, OCTOBER 10 :: 3:00 – 4:00 PM

RESIDENCY WORKSHOP: SURVIVING THE WARDS

Committee of Interns and Residents (CIR)
Ackerman 2408

The hospital can be a difficult place to navigate for medical students and interns. In this workshop, you'll learn how to deal with common problems that arise when dealing with the nuances of hospital work. Residents will give you tips they wish they knew during your stage of medical training.



Timothy Chow is a full-time organizer at CIR, Committee of Interns and Residents, the largest residents' union in the country. Timothy graduated from Cornell University. His role at CIR consists of connecting medical students with residents and organizing educational events in medical schools and conferences across the country. **Dr. Vishal Verma** is an internal medicine resident at Brooklyn Hospital Center in New York. He graduated from Kasturba Medical College in India. He is also a CIR New York regional Vice President. **Dr. Michael Jolley** is an internal medicine resident at Los Angeles County/ University Southern California Medical Center. Dr. Jolley graduated from the Medical College of Ohio. He is also a CIR Southern California Vice President

INTERNATIONAL MEDICINE: TIBETAN MEDICINE AND PUBLIC HEALTH PRACTICE IN TIBET

Dr. Kunchok Gyaltsen
Ackerman 2412

Throughout the centuries in Tibet, the Tibetan society has traditionally used Tibetan Medicine as the only medical system for both prevention and treatment of health and disease. However, today's Tibetan medicine is practiced by Tibetan physicians under the main stream medical health care, which mainly focuses on clinical based treatment and not much on prevention. The nature of Public Health can go beyond the scope of clinical treatment with a broader perspective and capacity of population based health problems for prevention and treatment, which benefit Tibetan medicine to stay with its own traditional values – focusing on a holistic approach to health prevention and treatment.

Kunchok Gyaltsen, M.I.I.M., M.P.H., Ph.D(c)., is one of a new generation of outstanding Tibetan Medical Doctors. He is a Tibetan medical doctor and a Buddhist monk. In 2001, Dr. Gyaltsen founded the Tibetan Healing Fund, a non-profit organization whose mission is to provide education and primary health care to rural Tibetan women and children. Since 2003, Dr. Kunchok Gyaltsen has been nationally recognized as a scholar in his field by the National Chinese government. In 2007, Dr. Gyaltsen established an exchange program between students and professors at UCLA, School of Public Health and Qinghai University Tibetan Medical College. Dr. Gyaltsen holds two Master degrees, one in Primary Healthcare Management from ASEAN Institute for Health Development at Mahidol University, Bangkok Thailand and another in International and Intercultural Management from the School for International Training in Vermont. Dr. Gyaltsen has conducted significant public health research in Thailand, Burma, Nepal, Laos and China. Currently, Dr. Gyaltsen is a doctoral candidate in public health at UCLA.

TRAINED MEDICAL INTERPRETERS NOW AND ITS FUTURE PROGRESSION IN LOS ANGELES COUNTY

Dr. Dylan Roby
Ackerman 3517

This presentation will focus on the need and supply of health care interpreters in Los Angeles County. The findings are based on a survey funded by the Asian Pacific American Legal Center as part of a larger study of access, supply and training related to health care interpretation services. The findings demonstrate the limitations for limited English proficient individuals attempting to obtain health care in their preferred language in Los Angeles County. The presentation will also discuss the problem of LEP in the context of health care access and quality.

Dylan H. Roby, Ph.D., is an assistant professor of health services in the UCLA School of Public Health and a research scientist with the UCLA Center for Health Policy Research. Dr. Roby earned his Ph.D. in public policy from The George Washington University in 2006. His research interests include health care affordability, access to care for the uninsured, impacts of managed care, use of safety net providers, and the effectiveness of disease management programs. Dr. Roby is currently working on a study of the characteristics of HMO enrollees for the Office of the Patient Advocate, as well as a micro-simulation model to estimate the impacts of health care reform. He is also working on two projects evaluating state programs: a long-term evaluation of a chronic care disease management program for Medi-Cal and an evaluation of the Health Care Coverage Initiatives.

COMMUNITY MEDICINE: HOW TO SET UP A STUDENT-RUN CLINIC

Dr. Angela Jo
Ackerman 2nd Floor Lounge

Dr. Jo and her students will speak on what was involved in setting up the student-run free community clinic in Koreatown (e.g., timeline, key members involved, resources utilized, etc.). She will also discuss elements that are important to building and running a successful student-run health clinic/center.

Angela M. Jo, M.D., M.S.H.S., serves the UCLA Department of Family Medicine as an Assistant Clinical Professor. She joined the faculty in 2003 after completing her Family Medicine residency at the Cook County Hospital in Chicago followed by a fellowship in Preventive Medicine. She is currently serving as the Predoctoral Family Medicine Clerkship director at the Mid Valley Comprehensive Family Health Center. She has established a student-run free community health clinic in the Koreatown of LA in order to provide in-depth quality health consultations & referral services to those with access barriers and low health literacy. She has developed a new Medical School course, "Community Medicine in Koreatown," designed to provide students with a greater understanding of the health care among the indigent immigrant populations of the LA County. She is also actively involved in several research projects. The aim of her most recently funded project is to examine the role of churches in health promotion and disease control among indigent immigrant Korean.

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NAVY

LECTURE/WORKSHOP SERIES V

SATURDAY, OCTOBER 10 :: 4:00 – 5:00 PM

USMLE STEP 1 WORKSHOP

Dr. Tao Le
Ackerman 2408

This high-yield talk from Dr. Tao Le, the series editor for First Aid and Editor-In-Chief of USMLERx, will cover the basics of the USMLE Step 1 including an overview of the boards, goal setting, high-yield topics in each subject area, study strategies, review resources, and study schedules. There will be an opportunity for Q & A at the end of the talk.

***Tao Le, M.D.**, has been a well-recognized figure in medical education for the past 16 years. As senior editor, he has led the expansion of First Aid into a global educational series. In addition, he is the founder of the USMLERx online learning system as well as a cofounder of the Underground Clinical Vignettes series. As a medical student, he was editor-in-chief of the University of California, San Francisco Synapse, a university newspaper with a weekly circulation of 9000.*

Dr. Le earned his medical degree from the University of California, San Francisco in 1996 and completed his residency training in internal medicine at Yale University and allergy and immunology fellowship training at Johns Hopkins University. At Yale, he was a regular guest lecturer on the USMLE review courses and an adviser to the Yale University School of Medicine curriculum committee. Dr. Le subsequently went on to cofound Medsn and served as its chief medical officer. He is currently pursuing research in asthma education at the University of Louisville.



LECTURE/WORKSHOP SERIES VI-VII

SUNDAY, OCTOBER 11 :: 9:00-11:00AM

SUTURING WORKSHOP

Dr. Jenny Hu
Ackerman 2408

Whether or not you're interested in going into a surgical field, knowing the basics of suturing will serve you well in medical school and beyond. During this hour, Dr. Hu will spend time going over the various suturing techniques that will serve you well during your surgical rotations.

Jenny Hu, M.D., M.P.H., is currently a second year dermatology resident at the Division of Dermatology, Department of Medicine, David Geffen School of Medicine at UCLA. Dr. Hu attended medical school also at David Geffen School of Medicine at UCLA and graduated in 2007 with the combined degrees of MD/MPH, receiving my MPH degree from UCLA School of Public Health, Department of Health Services. Her clinical research interests include access to specialty services - specifically in dermatologic care.

RESIDENCY PANEL

Dr. Jenny Hu, Dr. Charles Poon, and Dr. John Su
Ackerman 2408

Whether or not you're interested in going into a surgical field, knowing the basics of suturing will serve you well in medical school and beyond. During this hour, Dr. Hu will spend time going over the various suturing techniques that will serve you well during your surgical rotations.

Jenny Hu, M.D., M.P.H., is currently a second year dermatology resident at the Division of Dermatology, Department of Medicine, David Geffen School of Medicine at UCLA. (see bio above)

Charles Poon, M.D. is a Sleep Medicine fellow at the West Los Angeles Veteran Affairs Hospital and Cedars Sinai Hospital. He attended Loma Linda University for medical school, and completed his Internal Medicine residency at UC Irvine. Next year, he will be starting a fellowship in Pulmonary & Critical Care at UC Davis.

John K. Su, M.D., M.P.H. is the Assistant Program Director for Kaiser Los Angeles Family Medicine and Faculty in Kaiser Los Angeles Sports Medicine. He is also a Clinical Instructor in the UCLA Department of Family Medicine, and Director of the Los Angeles Albert Schweitzer Fellowship. He received his M.D. and M.P.H. from Boston University, completed his Family Medicine residency at Kaiser Permanente Los Angeles, and did a fellowship in Sports Medicine at UCLA.



PREMED CENTRAL

SATURDAY, OCTOBER 10 :: 9:00-10:00 AM

PREMED WORKSHOP I:

CULTURAL COMPETENCE TRAINING: WHAT CAN APA STUDENTS GAIN FROM THESE EXPERIENCES BEFORE AND DURING MEDICAL SCHOOL

Linda Don

Ackerman 2412

Unequal Treatment: Racial & Ethnic Disparities In Health Care, the Institute of Medicine report notes, “Racial and ethnic disparities in health care are known to reflect access and other issues that arise from differing socioeconomic conditions . . . although myriad sources contribute to these disparities, some evidence suggests that bias, prejudice, and stereotyping on the part of healthcare professionals may contribute to differences in care.” Asian Pacific American students can leverage their unique cultural perspectives to become physicians who can work effectively and compassionately with patients of various diverse backgrounds. In this session, we will overview cultural competence training that is an integral part of medical education. Students will be asked to consider ways they can draw upon their own cultural funds of knowledge to take full advantage of these educational experiences.

Linda Don is Assistant Dean for Outreach and Multicultural Affairs at the University of Arizona College of Medicine in Tucson. She helped establish the local APAMSA chapter there, and served as its first advisor. In working with premedical and medical students, she has been involved with an extensive range of projects designed to foster a culturally and linguistically sensitive health professional workforce. She has been the director of career exploration and preparation activities, as well as summer programs for high school and college premedical students for more than twenty-five years. She is a co-originator of the Fostering and Achieving Cultural Equity and Sensitivity (F.A.C.E.S.) in Health Professions internship, a clinical experience fieldwork course for university and community college students. Most recently, she co-authored two articles on health status and health workforce for the report “The State of Asian Americans & Pacific Islanders in Arizona.”



SUNDAY, OCTOBER 11 :: 9:00-10:00 AM

**PREMED WORKSHOP II:
LEADERSHIP DEVELOPMENT FOR 21ST CENTURY APA PREMEDS**

**Dr. Jhemon Lee
Ackerman 2412**

The Wikipedia entry on leadership begins by describing it as the "process of social influence in which one person can enlist the aid and support of others in the accomplishment of a common task." Why is it so important for medical students and physicians to have strong leadership skills? Dr. Lee will discuss:

- some basic principles and theories of leadership and its importance in the medical profession,
- how your leadership style may be influenced by Asian American,
- upbringing and experience, and how this contrasts with the mainstream medical leadership style
- how is leadership different today than ten years ago?
- what leadership advantages and disadvantages do you have as a Millennial?,
- why it's important to start honing your leadership skills and how you can do that starting today.

Jhemon Lee, M.D. is a private practice radiologist and a partner in Los Alamitos, Radiology Group. Dr. Lee grew up in Maryland, received his bachelor's degree in Engineering Sciences at Harvard University, and obtained his medical degree from the University of Maryland. He completed his residency in diagnostic radiology at the University of Chicago, where he was chief resident, and a fellowship in abdominal imaging at Brigham and Women's Hospital/Harvard Medical School in Boston. Dr. Lee is Co-Chair of the Advisory Board for the Asian Pacific American Medical Student Association (APAMSA), and was one of the original student organizers that helped lead to the formation of APAMSA in 1995.

SUNDAY, OCTOBER 11 :: 10:00-11:00 AM

**PREMED WORKSHOP III:
MEDICAL STUDENT PANEL & HOW TO APPLY TO MEDICAL SCHOOL**

**APAMSA Medical Students
Ackerman 2412**

The Association of American Medical Colleges is encouraging our nation's medical schools to identify applicants who can become optimal 21st Century Physicians. So what are desirable traits of such physicians and, therefore, applicants? Come to this session and find out what medical schools are looking for and how you can help an admissions committee view you as one of the applicants they want to admit. A panel of medical students will share their own successful application strategies with you, and answer all your burning questions about this mysterious, challenging process.



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ASIAN PACIFIC AMERICAN MEDICAL ASSOCIATION

While APAMSA has been in existence for 15 years serving the needs of Asian Pacific American medical students, there has been no corresponding organization for Asian Pacific American physicians. With this conference, we're looking forward to starting APAMA, the Asian Pacific American Medical Association. Like APAMSA, this organization will serve the educational, professional development, community service and networking needs of its members. While its membership will be open to anyone that is interested, it will focus on the needs of Asian Pacific American physicians, especially residents and physicians that are in the earlier stages of their careers. We also hope that APAMA will be able to work together with the many other existing Asian Pacific American physician groups to be an advocate for the healthcare needs of the Asian Pacific American community.

We're pleased to present this inaugural track of programming targeted towards Asian Pacific American residents and young physicians. We've sought to tailor these sessions to provide useful and practical information, and to provide time for Q&A. APAMA attendees are also welcome to attend any other workshop sessions being presented during the conference today that interest them. Likewise, all APAMA track workshops are open to any medical students, pre-medical students and other attendees that are curious or interested in the topics being discussed.

APAMA WORKSHOP I

SATURDAY, OCTOBER 10 :: 10:00 – 11:00 AM

APAMA TRACK WELCOME & ICEBREAKER

APAMA PANEL: THE GLASS CEILING IN MEDICINE –

ASIAN AMERICAN PHYSICIAN LEADERSHIP

Dr. B Li, Dr. Dexter Louie, Capt. Cynthia Macri

Asian Pacific Americans now constitute 20% of medical school graduates each year, but this is not reflected at the higher echelons of medical leadership. Is this simply a question of Asian Pacific American physicians merely being patient and waiting to filter up to the top, or are there are other forces at work? What can we do to be proactive in ensuring that we as Asian Pacific Americans are fairly represented as leaders in healthcare - in academic departments, hospital administrations and organized medicine?

B Li, M.D.: Professor of Pediatrics and Director of Pediatric Fellowships, Medical College of Wisconsin. **Dexter Louie, M.D., J.D., M.P.A.:** Associate Medical Director, Chinese Community Health Plan; Chair, National Council of Asian Pacific Islander Physicians. **Capt. Cynthia Macri, M.D.:** Special Assistant to the Chief of Naval Operations for Diversity, United States Navy



APAMA WORKSHOP II

SATURDAY, OCTOBER 10 :: 11:00 AM - NOON

APAMA PANEL: WHEN DO I HAVE TIME TO MAKE A DIFFERENCE?

COMMUNITY ACTIVISM FOR THE BUSY PHYSICIAN

Dr. Arthur Chen, Dr. Dexter Louie

The desire to help others is a large part of why we are physicians, and as practicing physicians we do make a difference, one patient at a time. But we also recognize that there are great needs in the Asian Pacific American and general populations as a whole that can't be addressed by bandaids and quick fixes. What can we actually do to promote positive change in our society with the limited amount of time we have each day?

Arthur Chen, M.D.: *Medical Director, Alameda Alliance for Health; Board of Directors of The California Endowment.* **Dexter Louie, M.D., J.D., M.P.A.:** *Associate Medical Director, Chinese Community Health Plan; Chair, National Council of Asian Pacific Islander Physicians*

DISCUSSION FORUM: DEALING WITH THE CHALLENGES OF BEING IN PRACTICE

Moderator: Dr. Jhemon Lee

This open discussion prior to lunch among the day's speakers and the audience will give us the opportunity to tackle and discuss topics and questions not already covered in the other APAMA sessions today.

APAMA WORKSHOP III

SATURDAY, OCTOBER 10 :: 1:00 – 2:00 PM

APAMA PANEL: WORK-LIFE BALANCE

Capt. Cynthia Macri, Dr. Bena Teo

Busy, busy, busy! With the increasing demands on our lives from every direction both professionally and personally, who doesn't feel this way? As a group, we will talk about the ways we juggle our professional obligations (such as patient care, education and administrative work) and our personal obligations (such as family, community groups and personal interests).

Capt. Cynthia Macri, M.D.: *Special Assistant to the Chief of Naval Operations for Diversity, United States Navy.* **Bena Teo, M.D.:** *Woodbury Medical Group, Irvine, CA*



COMPLEMENTARY MEDICINE IN THE CLINICAL PRACTICE SETTING

Dr. Ka Kit Hui

You and your patients are aware of complementary therapies such as acupuncture and herbal medicine – but how do they fit into an actual practice setting? What should every practitioner know about them? Where can you turn to for reputable sources of information and for referrals? How can interested practitioners learn more about integrative medicine and incorporate it into their practices?

Ka Kit Hui, M.D., F.A.C.P.: Professor of Clinical Medicine, UCLA; Director, UCLA Center for East-West Medicine



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APAMA WORKSHOP IV

SATURDAY, OCTOBER 10 :: 2:00 – 3:00 PM

DOLLARS & SENSE: TAXES, FINANCIAL STRATEGIES AND INVESTING FOR THE PHYSICIAN

Dr. Bruce Lee, Kelly Smith, Mai Vu

Speakers from FMC Financial Group as well as Dr. Bruce Lee, who worked on Wall Street prior to his current position at the University of Pittsburgh, will answer the questions you have about finance, taxes and investing.

Areas to be covered include:

- * Managing student loans and debt
- * Tax reduction strategies; what can you write-off as a physician? What do you need to do to avoid and/or deal with getting audited?
- * Investing – how should you get started? How is investing different for physicians than for non-physicians? How can we intelligently evaluate stocks and other investment options?

Bruce Lee, M.D., M.B.A.: Assistant Professor of Medicine and Biomedical Informatics, University of Pittsburgh; Co-Chair, APAMSA Advisory Board

Kelly Smith, C.L.U., Ch.F.C., R.F.C.: FMC Financial Group

Mai Vu, M.B.A., C.L.U., Ch.F.C.: FMC Financial Group

LyLy Nguyen, J.D., Tax Law Services, Inc.; Legal Counsel, Asian American Business Women Association

APAMA WORKSHOP V

SATURDAY, OCTOBER 10 :: 3:00 – 4:00 PM

APAMA KICKOFF ORGANIZATIONAL MEETING

Get involved! Help us launch the Asian Pacific American Medical Association (APAMA) as an organization for Asian Pacific American physicians.

APAMSA ADVISORY BOARD MEETING

SATURDAY, OCTOBER 10 :: 4:00 – 5:00 PM



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